# Dasmariñas Village Association Inc.

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D.V.A. Circular No. 2020 - 03

March 11, 2020

Re: COVID-19

The Philippine Government declared a health emergency on March 9, 2020, following a spike in new confirmed cases of COVID-19. In support of this effort, DVA Management has instituted safety measures such as the <u>STRICT IMPLEMENTATION</u> <u>OF THERMAL SCANNING</u> of all pedestrians coming through our gates.

We further enjoin you to observe basic precautions which are listed as follows:

#### Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

#### Maintain social distancing

Maintain at least 1-meter (3 feet) distance between yourself and anyone who is coughing or sneezing. When someone coughs or sneezes, they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing has the disease.

### Avoid touching eyes, nose and mouth

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

## Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

Finally, if you have a body temperature of 38 degrees Celsius or above, cough, experience difficulty breathing or experience other related symptoms, we recommend that you seek medical assistance right away.

Your usual cooperation regarding this matter will be highly appreciated.

Thank you.

**DVA MANAGEMENT**