

Dasmarinas Village Association Inc.

1417 Campanilla Street, Dasmarinas Village
Tel. No.: 817-3316

D.V.A. Circular No. 2004 - 09

April 19, 2004



**Opening of New DVA Gym,
Multi-Purpose Hall**

Your Board of Governors is proud to announce that your Health Gym is now completed.

We hope you will find the cardiovascular and strength training machines more than adequate for your needs. As a precautionary measure, we recommend that all our gym patrons seek medical clearance from their physicians prior to using the equipment. We will also restrict the use of the health gym to residents 16 years and above.

Beginning Monday, April 26, we shall open the gym for use by all residents. The first month shall be a free trial period after which the Sports Committee shall determine formal usage policies and rates to be applied. Experienced trainers will be present to attend to your needs. Don't forget your towels!

Aside from the gym equipment, we have also provided a new home for our taekwondo, yoga, aerobics and table tennis enthusiasts. The new ladies' and men's shower & dressing rooms are conveniently located for those residents and guests who are always "on the run".

We invite all the residents to take advantage of the sports facilities that are available within our very own community. We welcome any suggestions that will improve our efforts.

Thank you.

TAD R. ABELLO

Governor & Chairman
Sports Committee