



# BARANGAY DASMARIÑAS

CITY OF MAKATI  
REPUBLIC OF THE PHILIPPINES



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The lockdown or quarantine may be a medieval method but it is what is working right now. To safeguard public health and safety, corona virus is easily transmitted between people, especially in group settings. That is why I think the President stopped all public transportation. The community quarantine orders are being enacted to slow the spread of the virus by mandating people to stay indoors and isolate themselves – except to attend to some essential activities. If the numbers continue to rise, the hospitals and doctors might not be able to handle a big influx of patients. We at the barangay clinic were told to refer to the suspected cases to Makati Health Department. Let us all cooperate for the good of our barangay and our country. Let us sacrifice a bit by staying home. By now, all of you know that the President has placed the enormous responsibility of enforcing this lockdown on the barangay captains. I urge you to cooperate in this short time with the barangay barangay.

I don't have anything new to tell you about corona virus. It is all over the news, internet, group chats. But one thing for sure is nothing is certain, is it airborne or just surface? Where are the droplets coming from? Until one is 100% sure, I urge everyone to rethink their position. Sure, the statistics says that many recovered, but those who have recovered have decreased lung capacity.

You all know you are allowed to buy essential products, lalalala. And the exempted ones for your reference are only the following:

1. Health workers
2. Authorized government officials
3. Those who are traveling for medical and humanitarian reasons
4. Persons providing basic services and public utilities
5. Persons delivering foods and medicines and
6. Essential skeletal workers of the City Gov't of Makati

I think this list by the Mayor has been superceded by the new announcement of the President. And I think everyone by now knows who can and who cannot.

This is the FAQ that is divisive:

Can I still go outside for essentials, exercise and fresh air?

Yes. People will still be able to leave their homes to handle essential business in limited circumstances – like buying groceries and medicines – and to get fresh air. But when people do need to leave their homes, the government has mandated maintenance of at least 1 M from other individuals and (this one I lifted from San Francisco Chronicles) **to wash their hands for at least 20 seconds as often as possible**. I leave it to you to rethink if it is 100% safe to go out and inhale the fresh air.

In the meantime, this is your community and your home. Let us cooperate. I heard in some areas, they enforce strictly no outdoor activities and guera na. There are also 7 families that are Covid positive in one subdivision in Pasig. This Covid Strikes anyone. The tanods said that people are nice when they are told to go in. Thank you. Please do not wait to be told